Infection Control Education (ICE)

Hand Hygiene/Aseptic Technique Checklist

1. Team verifies the patient’s identity using two identifiers

2. Team verifies that the patient understands the planned procedure and signs consent form when appropriate

3. Team obtains appropriate equipment and/or supplies and checks expiration date(s)

4. Team members cleanse hands at the beginning of the procedure
   a. If hands are not visibly soiled, cleanse with alcohol rub
      1. No artificial nails
      2. Dispense alcohol rub
      3. Completely cover hands
      4. Rub hands together vigorously with friction under nails until dry
   b. If hands are visibly soiled, wash hands with soap and water
      1. No artificial nails
      2. Pre-dispense paper towels
      3. Turn on faucets
      4. Dispense soap
      5. Completely cover hands
      6. Rub hands together vigorously 15 seconds with friction under nails
      7. Rinse thoroughly with hands pointed downward
      8. Dry with paper towel
      9. Turn off faucet with paper towel

5. Team member verifies the correct side and site for the procedure

6. Team member places procedure appropriate pad under the patient in the appropriate location

7. Team member applies protective mask/eyewear/bonnet (if indicated)

8. Team member cleanses hands with alcohol rub

9. Team member dons sterile gown(s) and gloves
   a. Remove sterile gown from outer package and place on surface, such as overbed table or procedure stand.
   b. Opens wrap containing sterile gown by farthest edge first, closest edge last touching only outer one inch
   c. Open outer wrap of sterile gloves and drop inner wrap onto sterile field without touching with bare hands.
   d. Put on sterile gown placing arms into sleeves but not all the way through cuffs
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e. Second team member assists by pulling gown over shoulders and arms and tying neck tie
f. Open inner sterile glove wrap touching only outer one inch.
g. Leaving hands on inside of gown, grasp dominant hand sterile glove with dominant hand
h. Place palm of glove onto palm of dominant hand
i. Grasp bottom of cuff with fingers of dominant hand
j. While still covered by sterile gown, non dominant hand grasps cuff and pulls over dominant hand
k. Gloved dominant hand grasps remaining sterile glove from field
l. Place palm of glove onto palm of non dominant hand
m. Pull remaining glove over non dominant hand
n. Adjust fingers of both gloves as necessary
o. Keeps hands in front and above waist. Doesn't touch anything outside the sterile field
p. If present, tie waist tie. Second team member assists by grasping waist tie with sterile gloves, wrapper or drape to remain sterile. First team members makes 3/4 turn and secures at front of gown OR second team member may tie at back if sterile gloved.

10. Team members open supplies correctly and places them on field maintaining aseptic technique

   a. Checks all items for integrity and expiration dates (if app.)
   b. Second team member may open outer packaging as first team member places items onto sterile field
c. Team members prevent sterile field from becoming wet, cut or torn (if wet, cut, or torn, begin again)
d. All sterile items are kept within outer inch of sterile field
e. Team members limit talking throughout
f. Team members face field at all times

11. Team members communicate to keep the patient informed throughout procedure

12. Team verifies the correct side and site for the procedure

Procedure specific aseptic techniques begin here

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